

# Mental Health Coaching

Employee Assistance Program

We advise on professional, private  
and health challenges.  
At short notice, confidentially and free of charge.

Feel free to make an appointment!



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[coaching@fuerstenberg-institut.de](mailto:coaching@fuerstenberg-institut.de)  
[my.fuerstenberg-institut.com](https://my.fuerstenberg-institut.com)<sup>2</sup>

Over  
30 years of  
experience

<sup>1</sup> Toll-free from landlines in Germany. You can find toll-free numbers from abroad on our website.  
<sup>2</sup> You will receive access to our mental health platform, *myFürstenberg*, via your company.